

BHSPA eNewsletter Oct 23, 2011

Now Available!!! Online eNewsLetter, click below link:

1. From Bedford High School Nurse - During the week of October 24th, all sophomore students will have hearing and vision screening. Parents will be notified if further evaluation is necessary by their physician. Heights and weights will also be done at this time.

Additional information about students' wellness and fitness is available upon request or access the state's resources at www.mass.gov/massinmotion

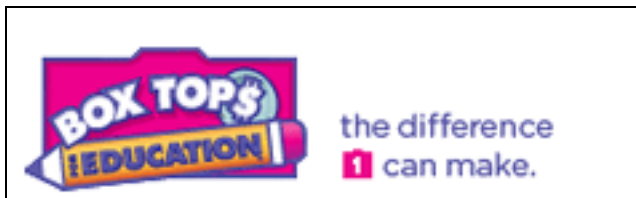
Reminders:

Please fill out the pink emergency form and send it to the nurse. Please report any communicable diseases your child may have to the nurse.

To parents of Fall Athletes:

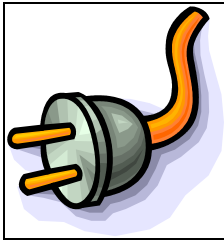
Please remind your child to carry their epipen and inhaler with them in their sports bags to all games. It is important to stress to them not to share water bottles.

2. The BHSPA is in the process of creating a cookbook that will be sold to raise money to support Bedford High School. Any proceeds from this cookbook will be used to support the Bedford High school. BHSPA asks Bedford community to contribute a recipe or two. Email the recipe to Marianne Gildea mrg8610@comcast.net or Carleen West leenie0667@hotmail.com by October 31th, 2011. Please include a title with the recipe, and can also provide the story behind the recipe or some blurb about the recipe you would like to share.



3. BOXTOPS for EDUCATION – The BHSPA is collecting BoxTops on behalf of the MSPA. BoxTops can be found on products you use regularly: Ziploc bags, Cheerios, Betty Crocker mixes, Avery school supplies, Kleenex tissues. Please clip, save and send in your BoxTops with your BHS student throughout the school year. There is a collection box in the Student Office for drop-off.

4. The BHS Guidance Office invites Parents and Seniors to a presentation sponsored by the Massachusetts Educational Financing Authority (MEFA), on how to fill out the FAFSA. The event will be on Thursday, October 27th 7:00 – 9:00 pm in the BHS auditorium. More detail information, please contact Diane Ryan at Guidance office, 781-275-1700 or email Diane_Ryan@bedford.k12.ma.us



5. **Bedford Families Unplugged** is a month long awareness campaign to remind Bedford families and residents to “unplug their electronics”. The highlight of this year’s program will be a no-homework, no-sports, and no-activities night for Bedford Public School Students on November 9, 2011. In addition, there will be no town-related meetings and virtually no community, school, or religious meetings held on that night.

For more information about Bedford Families Unplugged please contact Bedford Youth & Family Services at 781-275-7727 or visit website to <http://www.bedfordma.gov/youth> Bedford Families Unplugged program is sponsored by the Bedford Selectmen, Bedford Public Schools, and Bedford Community Partnership